

Number of new infections per 100 000 inhabitants in the last 14 days (as of 08.03 till 14.03.2021) (the restriction on the freedom of movement applies to passengers arriving from countries marked in red)

- **Andorra 460,8**
- **Austria 294,5**
- **Belgium 279,0**
- **Bulgaria 249,7**
- **Croatia 131,6**
- **Czech Republic 1395,1**
- **Cyprus 247,1**
- **Denmark 118,4**
- **Finland 140,2**
- **France 432,0**
- **Germany 130,0**
- **Greece 177,0**
- **Hungary 451,7**
- **Iceland 5,8**
- **Ireland 201,6**
- **Italy 341,0**
- **Latvia 496,9***
- **Liechtenstein 90,3**
- **Lithuania 229,3***
- **Luxembourg 405,8**
- **Malta 527,0**
- **Monaco 592,4**
- **Netherlands 346,2**
- **Norway 83,9**
- **Poland 316,9**
- **Portugal 173,8**
- **Romania 211,1**
- **San Marino 1158,1**
- **Slovakia 562,0**
- **Slovenia 517,3**
- **Spain 249,8**
- **Sweden 487,6**
- **Switzerland 165,5**
- **Vatican 0.0****

** Based on Order No 282 of Government of Estonia, the restriction on the freedom of movement does not apply to asymptomatic people who have been on the territory of Lithuania or Latvia in the past 10 days and have travelled to Estonia directly from Lithuania, Latvia with the following preconditions:
(1) the person has taken a coronavirus test within 72 hours before their arrival in Estonia and the result is negative. When travelling to these countries from Estonia and returning to Estonia, it is possible to take the coronavirus test in Estonia, and return to normal life in case of a negative result. Self-isolation is required while waiting for the test results;*

(2) the person arrives in Estonia for the purpose of working, studying or receiving health services or for family reasons or transit. For the reasons listed above, taking a coronavirus test is not required.

*** The infection rate of the Vatican is 0 but anyone travelling to Estonia from there through Italy is subject to the 10-day restriction on the freedom of movement.*

Arriving from outside the European Union, the European Economic Area or the Schengen area

Starting from 1 January 2021, **passengers arriving in Estonia from the United Kingdom** are subject to an additional obligation introduced by the Government of Estonia to take a COVID-19 test no

earlier than 72 hours before arrival, and the result of the test must be negative. The test is not compulsory for children under the age of 12. A 10-day self-isolation is also mandatory for passengers arriving from the United Kingdom. The rule applies even in cases when the passenger has only transited through the United Kingdom on their way to Estonia. The period of self-isolation can be shortened if in addition to the first negative test, a second test taken 7 days after arrival is also negative.

Travel to Estonia from outside the European Union, the European Economic Area or the Schengen area is possible, including for tourism, **only from the countries listed in Annex 1 of the recommendation of the Council of the European Union on the gradual lifting of the temporary restrictions on non-essential travel into the EU**. A 10-day self-isolation is mandatory for passengers arriving from a country on the list with an infection rate above 16.

Countries outside the European Union from which it is possible to travel to Estonia, including for tourism (according to the list in Annex 1 of the recommendation of the Council of the European Union)

- Australia
- New Zealand
- South Korea
- Rwanda
- Thailand
- Singapore

The data is gathered from ECDC official data.

When arriving from **third countries that are not listed in Annex I**, a mandatory 10-day self-isolation period applies.

Citizens of third countries arriving in Estonia for the purpose of work or studying at an educational institution registered in Estonia from a third country not included in Annex 1 of the recommendation of the Council of the European Union, is subject to the 10-day mandatory self-isolation, and they must take a coronavirus test immediately after arriving in Estonia and a second test no earlier than six days after the first test. **Testing does not grant the right to stop self-isolating before the mandatory period ends.**